Chesterbrook RESIDENCES

A Caring Assisted Living Community

2030 Westmoreland Street • Falls Church, VA 22043
703-531-0781 • chesterbrookres.org

Summer 2026

Where Residents Come First

Under the Sea





Prom Queen and King Carmen Ramos and Doug Smith

Residents and families were as happy as clams at this year's Senior Prom! We made waves by dancing and swaying with our guests from the Fairfax County Sheriff's Department. Memories were made over delicious food and conversation with friends. You might say it was "o-fish-ally" our best prom ever!



Elaine Zinn poses with two of the officers who graciously spent the evening with our residents!



Resident Services Coordinator Linsey Berens, Susy Joseph, and CSM Regional Director Jenny Hayes.



Hilda Yuspeh had a whale of a time with her son Sheldon and daughter-in-law, Doris.



From left: Family members Julie Ogea, Meg Ogea, residents Susan Bratton and Julie Pietrizak, and family member Lori Sullivan.





At left, Louise Oswald shows her patriotic pride. At right, Diana Moore (in red) and Elaine Zinn.



Director of Life Enrichment Carla Ceron and Sharon Egan enjoying a scoop.

Purely PATRIOTIC

A Flag Day Ceremony (observed on June 14) and a Fourth of July Celebration colored our summer with red, white, and blue. For Flag Day, the Daughters of the American Revolution joined us to help dedicate a donated bench, retire flags, and recognize our Veterans. On Independence Day, a cookout gave us the perfect excuse to spend time eating and laughing in our courtyard as we celebrated our nation's 250th birthday!







Clockwise from top: Kathleen Donovan and Cathy Kyle show off their patriotic sides; Mercy Amor gets ready to fire up the grill; and we had a wonderful time with our guests from the Daughters of the American Revolution on Flag Day!



Anne Willis (left) and Patty Stone





Nurse Jackie White



Sheryl Beitsch

We Scream for Ice Cream!

Sweet memories of summer came to mind as we snacked on delicious frozen desserts from our friends at Moo True Ice Cream. Their massive menu of ice cream flavors made it difficult to pick our favorite! A special thanks to the anonymous Chesterbrook family member who sponsored this lovely treat for our residents and team members.

Champions of the Cards

Did you know that Chesterbrook will host the Canasta Games in late September as part of the 2026 Northern Virginia Senior Olympics? Over a thousand senior adults (ages 50 and greater) will participate in nearly 100 events, from cornhole and cribbage to golf and bowling.

Our team (from left: Sharon Egan, Laury Bender, Hilda Yuspeh, Chesterbrook Executive Director Rebekah Pearson, Louise Oswald, and Elaine Zinn) has been busy perfecting their game and developing their winning strategy.



The CSM Community Family

Marian Manor
Assisted Living, Intensive Assisted Living
Virginia Beach, Virginia • 757-456-5018

Mennowood
Independent Living, Assisted Living, Memory Care
Newport News, Virginia • 757-249-0355

Our Lady of Hope
Assisted Living, Memory Care, Intermediate & Skilled Nursing Center
Richmond, Virginia • 804-360-1960

Our Lady of Peace
Residential Living, Assisted Living, Memory Care, Nursing Center
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help
Extensive Assisted Living, Memory Care, Nursing Center
Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley
Assisted Living, Memory Care, Intermediate & Skilled Nursing Center
Roanoke, Virginia • 540-345-5111

Potomac Place
Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

St. Mary's Woods
Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800

CSM Senior Living Management

Thank You, Team Chesterbrook!

"Every Act Creates a Ripple" was the theme of our 2026 Employee Appreciation Week. Like a pebble dropped in the water, the impact of a single team member may start small, but it can grow to become a powerful wave of positivity. We appreciate our amazing team and thank them for the many ways—large and small—that they serve our community each and every day.



A small sampling of our wonderful team members pose with several resident ambassadors.

Chesterbrook Residences is a not-for-profit, nondenominational community governed by a local Board of Directors comprised of members from our three founding faith communities, Lewinsville Presbyterian, Temple Rodef Shalom, and Immanuel Presbyterian.

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EQUAL HOUSING OPPORTUNITY