

Chesterbrook RESIDENCES

A Caring Assisted Living Community

2030 Westmoreland Street • Falls Church, VA 22043
703-531-0781 • chesterbrookres.org

Where Residents Come First

Elaine Zinn and Kathleen Donovan with their handmade stocking crafts.

Ken McMillon and Mike Murtha finish their paintings.

Linda Howard decorated a monogrammed coffee mug.

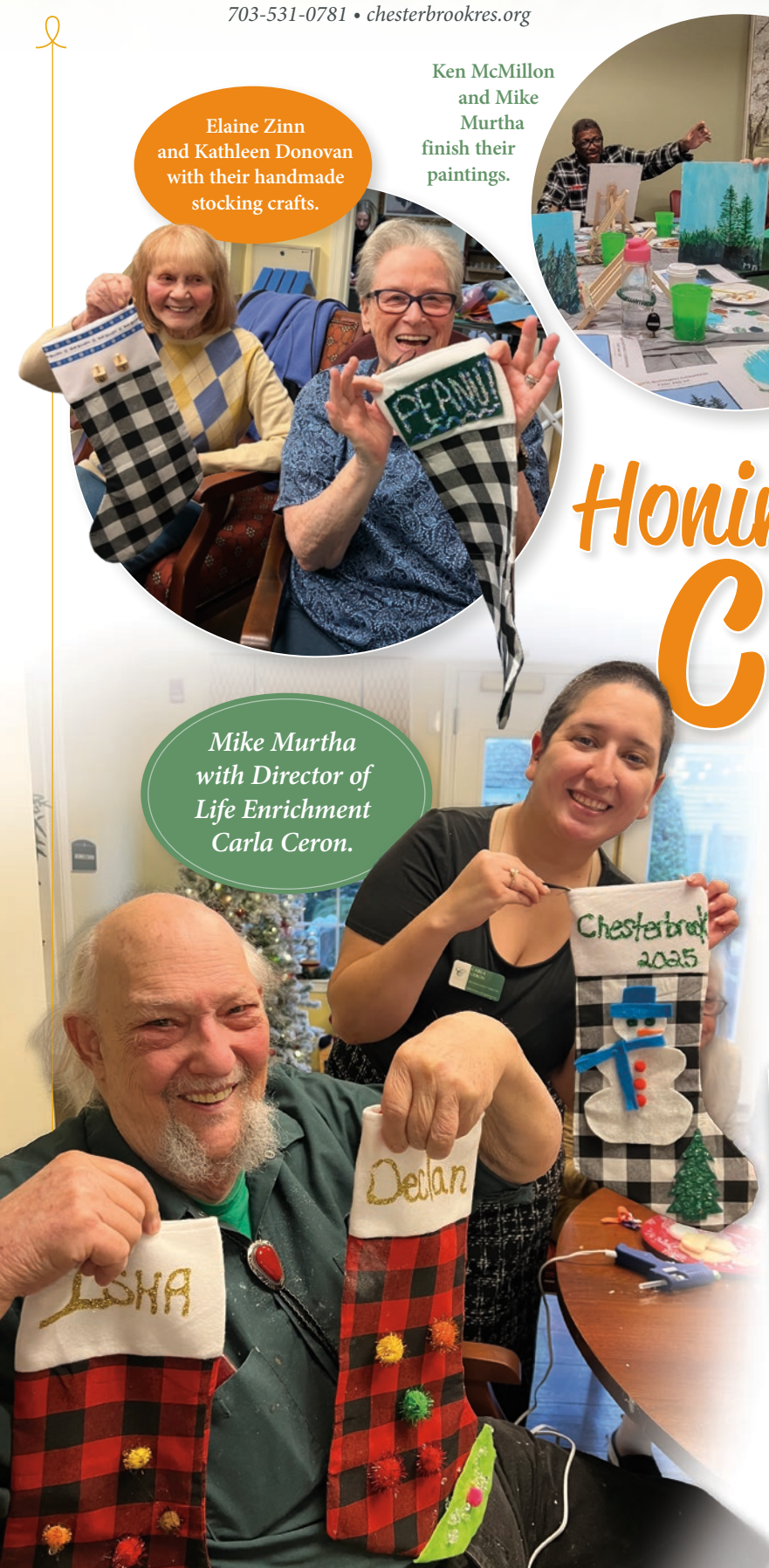
Mike Murtha with Director of Life Enrichment Carla Ceron.

Honing our Crafts

Even though the cold kept us indoors for much of the winter, it also gave us ample opportunities to work our artistic muscles. Whether it was painting something to enjoy for years to come, or making a unique gift for someone we love, our hands stayed busy crafting and creating.



Art imitating life! Executive Director Rebekah Pearson taught us how to paint a winter scene.



Happiest of Holidays!

At Chesterbrook, the holiday season is chock-full of celebrations—all representing different aspects of our diverse population, history, and faith journey. From Hanukkah festivities and visits with Santa to New Year's Eve and everything in between, we had many opportunities to make memories with loved ones and neighbors. Thank you to everyone who joined us and made the season one to remember!



Julie
Pietrzak

Residents got cozy and sipped on hot cocoa during the neighborhood Festival of Lights drive.



Amy
Eliasoff

Richard Beaulieu grabs a snack and a picture with our one of a kind visiting Santa Claus.



Cathy
Kyle



From left, team members Linsey Berens, Jackie White, Kotoh Kalokoh, Carla Ceron, and Annie Tran (kneeling) take advantage of the hot chocolate bar.



Resident Elaine Zinn's grandson, Felix, leads a game with residents during a Hanukkah celebration.



The CSM Community Family

Marian Manor
Assisted Living, Intensive Assisted Living
Virginia Beach, Virginia • 757-456-5018

Mennowood
Independent Living, Assisted Living, Memory Care
Newport News, Virginia • 757-249-0355

Our Lady of Hope
Assisted Living, Memory Care, Intermediate & Skilled Nursing Center
Richmond, Virginia • 804-360-1960

Our Lady of Peace
Residential Living, Assisted Living, Memory Care, Nursing Center
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help
Extensive Assisted Living, Memory Care, Nursing Center
Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley
Assisted Living, Memory Care, Intermediate & Skilled Nursing Center
Roanoke, Virginia • 540-345-5111

Potomac Place
Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

St. Mary's Woods
Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

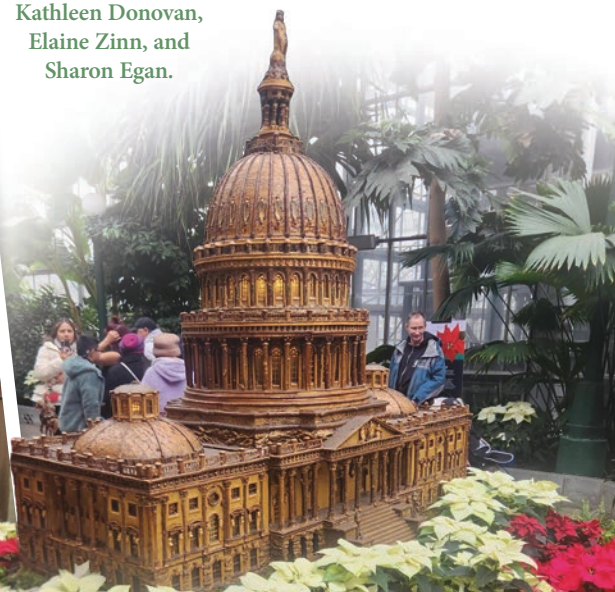
Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800

Lost in the Leaves



A recent trip to the United States Botanic Garden left us in awe of the lush leaves and beautiful blooms found in its greenhouse setting. The Botanic Garden is located on the grounds of the US Capitol and is a brief 30-minute drive from Chesterbrook! Our group toured the annual "Seasons Greenings" display, which filled the Conservatory with poinsettias, holiday décor, and DC landmarks made of plants.

From left: Volunteer Gigi joined residents Carol Roberts, Kathleen Donovan, Elaine Zinn, and Sharon Egan.



Introducing lifeloop

We are excited to debut LifeLoop, our new communication and life enrichment platform designed to help loved ones stay more connected to residents' daily experiences. LifeLoop provides a secure way to stay "looped" in.

- View daily and monthly activity calendars
- See photos and updates from community events
- Receive important announcements and reminders
- Message our Life Enrichment team
- Stay connected to what matters most in your loved one's day-to-day life
- Send free weekly postcards to your loved one (we're really excited about this fun feature!)

Questions?
Contact our
Director of Life
Enrichment.

In early 2026, families will receive an invitation email with instructions about how to create a LifeLoop account. Be on the lookout for this important email!

Chesterbrook Residences is a not-for-profit, nondenominational community governed by a local Board of Directors comprised of members from our three founding faith communities, Lewinsville Presbyterian, Temple Rodef Shalom, and Immanuel Presbyterian.

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