

Winter 2024

# Chesterbrook RESIDENCES

A Caring Assisted Living Community

2030 Westmoreland Street • Falls Church, VA 22043  
703-531-0781 • chesterbrookres.org

Where Residents Come First

## Chesterbrook Sweet 16 Harvest Gala



Our Director of Nursing Aden Tajebe with Scott Bartram, Past-President, Board of Directors.

What a sweet 16 years it has been! In November, we celebrated our anniversary surrounded by residents, friends, family and our Board of Directors.

We had live entertainment by Night and Day and enjoyed a delicious desert bar! Cheers to another 16 years!



Board Member Wendy Maiwurm celebrating with Resident Nancy Dewitt!



Sandra Moon with long time friend, Lee Walzer.

Marion Alany with her Daughter Lamya Norton.



Board Member Marshal Hyman and Volunteer Kent Stansberry



# Giving Back



Patty Stone filling stockings.

This winter we put our focus on giving back to the community. We made several home cooked meals for the Falls Church and Loudon County Homeless Shelters. We delivered breakfast to our local First Responders, collected monetary donations to make 14 stockings filled with snacks, toiletries, and gift cards for a hot cup of coffee to the guests residing at the Falls Church Homeless Shelter. Then, January-February we started our "Food and More Drive" to gather items for the Falls Church Community Service Council. We are very lucky to have an opportunity to keep serving each other and our community at large!

Residents stuffing stockings for our local homeless shelter.



Homa Arabshahi and Sandra White help with food preparation.



Marion Alany stirs in the love!



Life Enrichment Coordinator Bezanit Assefa and Homa Arabshahi add the finishing touches to the dish.



# Happy Hannukah

Supported by our dear friends and Founders, Temple Rodef Shalom, we celebrated the Festival of Lights in a big way this year! Our amazing volunteers came to help us light the menorah candles, eat traditional cuisine of Challah bread, latkes and Sufganiyot (jelly-filled donuts). They educated our residents on the importance of rest and remembrance, and we look forward to reinvigorating Shabbat services in January 2024!



Patty Stone and Louise Oswald enjoying the yummy Hannukah treats!

Volunteer Fred Blumenthal leads a prayer.



Residents and staff are ready for the celebration!

## The Coordinated Services Management Community Family

**Marian Manor**  
Assisted Living,  
Intensive Assisted Living  
Virginia Beach, Virginia • 757-456-5018

**Mennowood**  
Independent Living, Assisted Living,  
Memory Care  
Newport News, Virginia • 757-249-0355

**Our Lady of Hope**  
Assisted Living, Memory Care,  
Intermediate & Skilled Nursing Center  
Richmond, Virginia • 804-360-1960

**Our Lady of Peace**  
Residential Living, Assisted Living,  
Memory Care, Nursing Center  
Charlottesville, Virginia • 434-973-1155

**Our Lady of Perpetual Help**  
Extensive Assisted Living,  
Memory Care, Nursing Center  
Virginia Beach, Virginia • 757-495-4211

**Our Lady of the Valley**  
Assisted Living, Memory Care,  
Intermediate & Skilled Nursing Center  
Roanoke, Virginia • 540-345-5111

**Potomac Place**  
Assisted Living, Memory Care  
Woodbridge, Virginia • 703-494-3817

**St. Mary's Woods**  
Residential Living, Assisted Living  
Richmond, Virginia • 804-741-8624

**Tall Oaks Assisted Living**  
Assisted Living, Memory Care  
Reston, Virginia • 703-834-9800

# Visits with Santa

This year, Santa certainly made his rounds! We had an opportunity for photos with the big guy, he toured the community with his wife and elves delivering cookies. He even stopped by for some appetizers at our Christmas party! We also had visitors from our local Girl Scout Troop and Lewinsville Presbyterian carolers.



Clarisa Daly and Phyllis Brown



Residents enjoying a fun holiday edition of Bingo!



Evelyn Adams and Santa!



# 12th Annual McLean Chocolate Festival

This year we served up macaroons, brownies, cookies, pecan pie and a chocolate fondue fountain! We had an amazing turn out and all sale proceeds went to our Care Trust Fund and McLean Rotary philanthropic initiatives.

The Chocolate Festival is fun for all ages!



Our residents and volunteers swinging by to take part in the festivities!



*Chesterbrook Residences is a not-for-profit, nondenominational community governed by a local Board of Directors comprised of members from our three founding faith communities, Lewinsville Presbyterian, Temple Rodef Shalom, and Immanuel Presbyterian.*

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